

# Bullying:

## We can all help stop it

Schools should be a place where students, staff, parents/guardians and the community all feel welcome. Bullying, in all its forms, is a serious issue that can affect students' learning, sense of safety and overall well-being.

Children may be reluctant or unsure how to talk about bullying.

Here are some signs to look out for:

- complaining of being sick on school days
- having disrupted sleeping or eating habits
- not joining social events with other students
- acting differently than they normally do
- seeming distressed after phone, text or social media contact with others
- suddenly losing money or personal items
- coming home with torn clothes or broken possessions

We all have a responsibility to stop bullying. We encourage everyone – students, parents, guardians, educators – to get involved with bullying prevention.

Visit [ontario.ca/stopbullying](https://ontario.ca/stopbullying) to learn more about bullying, what you can do if your child is being bullied, has witnessed bullying or may be bullying others.

### Bullying Awareness and Prevention Week

Did you know that Bullying Awareness and Prevention takes place annually starting the third week in November? During the week of November 19 to 25, 2023, we encourage parents and students to learn more about bullying and its effects on student learning and well-being.

